




TIME KILLERS OF STUDENTS



YOU SHOULD KNOW YOUR ENEMY

A man in a suit and hat lies face down on a dusty street. In the background, a wooden building features signs for 'HOTEL', 'SALOON', and 'DEPOT'. Two horses are visible near the building. The scene is dimly lit, suggesting dusk or dawn.

BEFORE IT'S TOO LATE

CHECK OUT 6 THINGS THAT **KILL YOUR TIME**



EVERY DAY

1

WEB SURFING





64% of students visit sites not related to their major

8 in 10 students spend more than 2 hours surfing the Net

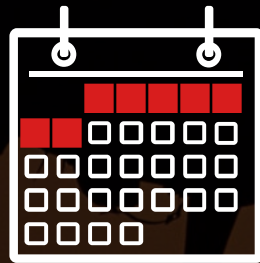


LET'S HAVE A CLOSER LOOK AT WASTING TIME BY WEB SURFING

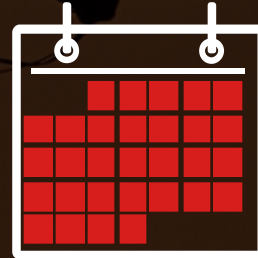
2 hours
a day



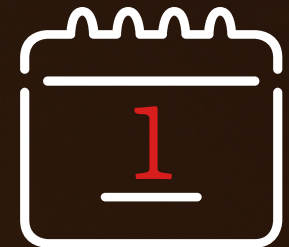
That's 14
hours a week



And about 3
days a month



Which is more than 1
month of your year



2

SOCIAL NETWORKING





76% spend up to 3 hours a day on Twitter, Facebook, Instagram or other social networking sites



38% of students say they cannot go more than 10 minutes without checking their laptop or smartphone

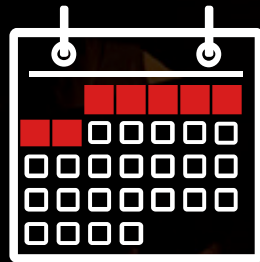
LET'S CALCULATE HOW MUCH COULD YOU BE EARNING INSTEAD OF SOCIAL NETWORKING

3 hours
a day



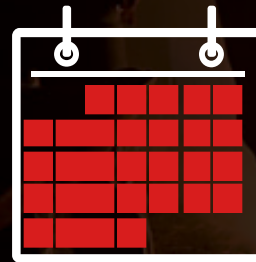
\$45

That's 21
hours a week



\$315

And about 4
days a month



\$1305

Which is about 2
months of your year



\$15660

*Many online jobs offer up to \$15/hour

3

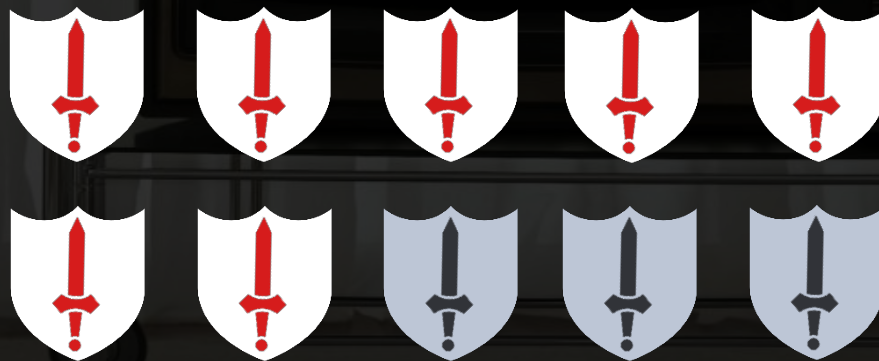
WATCHING TV AND SERIALS





26% spend about 2 hours per day watching the box

7 out of 10 students watch "Game of Thrones"



70% WATCHING TV AND
USING INTERNET CONCURRENTLY





42% say they play games at least 2 hours per week

2 out of 5 students playing games are female



53% smartphone owners play mobile games daily

5

PROCRASTINATION

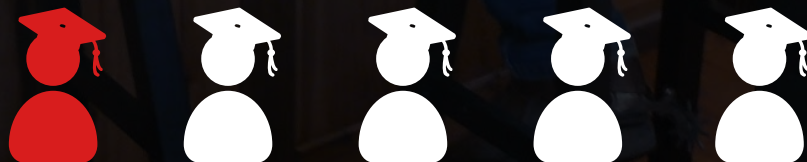


1 in 10 don't procrastinate;
they are super-productive



19% spend about 2 hours
per day putting things off

1 in 5 identifies themselves as
chronic procrastinators

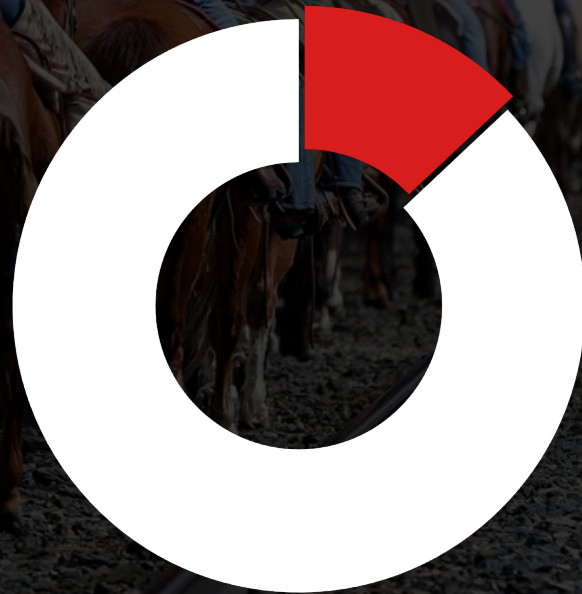


6

TRAVEL TIME



13% of students spend
1-2 hours a day traveling





“Time is the **scarcest resource** and unless it is managed nothing else can be managed.”

Peter Drucker, Management Consultant, Educator and Author

TIMEKILLERS CAN LEAD TO...





HOW TO **STOP** WASTING YOUR TIME?



Set deadlines



Turn notifications off



Focus on the work



Tell to yourself “Why not today?”



Don't give up

A person wearing a cowboy hat and a brown jacket is lying on their side in a grassy field. They are resting on a patterned blanket. Next to them is a brown saddle with a striped blanket draped over it. The scene is dimly lit, suggesting dusk or dawn. The text "STILL TIRED OF WASTING YOUR TIME?" is overlaid on the image in a white, serif font, with the word "TIRED" in red.

STILL **TIRED** OF WASTING YOUR TIME?

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rocking presentations here

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